Nucleation–elongation: a mechanism for cooperative supramolecular polymerization

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The kinetic and thermodynamic characteristics of polymerizations following a cooperative, nucleation–elongation mechanism are discussed in comparison to those of non-cooperative, isodesmic polymerizations. Nucleation– elongation polymerization is a relatively unexplored avenue of synthetic polymer chemistry and offers some unique and interesting thermodynamic and kinetic attributes not found in the more classical mechanisms of polymer chemistry.

1 Introduction

Classical polymer chemistry gives three basic mechanisms of chain growth (step, addition and living).^{1,2} Are there any others? Biology teaches us that there is at least one more mechanism that is especially relevant to supramolecular assemblies and covalent polymers that are supramolecularly structured (*i.e.*, folded). This mechanism is known as nucleation–elongation chain growth.

A number of globular proteins have long been known to form filamentary "polymers" both *in vivo* and *in vitro*.³ These protein "polymers" are quasi-one dimensional supramolecular assemblies (Fig. 1). The "repeating units" consist of globular protein molecules, bonded not with covalent linkages but noncovalent interactions. The polymerization process is thus reversible and proceeds to thermodynamic equilibrium—a state determined by environmental conditions such as temperature, pH and the concentrations of various ions or small molecules. At equilibrium, both polymerization and de-polymerization are taking place at the same rate; therefore, the structures of these polymers are dynamic and constantly fluctuating. Under appropriate conditions, these polymerizations are spontaneous, indicating that the polymeric structures are thermodynamically stable. A widely cited example is the tobacco mosaic virus which can be reconstructed from dispersed protein molecules in the presence of nucleic acids at neutral pH.⁴ Even in the absence of the nucleic acid template, the tubular assembly of proteins forms spontaneously, only in this case the length distribution of the resulting polymers is not uniform. Similar reconstitution behavior was also observed with flagellin molecules.⁵ Although in biological systems these polymerizations are regulated by proteins and/or small molecules,⁶ most protein polymerizations can take place without the aid of these regulatory species.

Representative structures adopted by these protein polymers are illustrated in Fig. 1a. Among these supramolecular assemblies, a group of proteins distinguish themselves by constructing helical or tubular structures (i.e., quasi-one dimensional), in contrast to those that are formed by simply joining the subunits end-to-end in a linear fashion (i.e., strictly one dimensional). In addition to the structural difference, the polymerization behaviors of these two types of polymers are distinct. Strictly one dimensional polymers are assembled by a non-cooperative, isodesmic polymerization mechanism (Fig. 1b).⁷⁻⁹ In contrast, the helical and tubular structures are realized by a cooperative nucleation-growth process (Fig. 1c).¹⁰⁻¹⁴ Specifically, the initial oligomerization of protein monomers is slow and energetically disfavored (nucleation) relative to the subsequent rapid chain propagation into long filaments (elongation). Due to the unique disposition of repeating units within the helix or tubular structure, each protein molecule is simultaneously in contact with multiple neighboring units. Hence, the addition of a monomer to a preexisting helix end is favored by multiple associations with other monomers from the same and neighboring turns of the helix. Consequently, the helical chain growth is an energetically favorable, cooperative process. However, neighbor-turn interactions are absent from

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3471







Fig. 1 a) Representative models of helical and tubular protein polymers in comparison to a linear structure; b) illustrative schematic of the simple elongation of a linear polymer, and c) nucleation and elongation stages of polymerization into a tubular structure (the arrows represent the interactions among the repeating units; the interactions denoted by green arrows are absent from the assembly of the first turn of the tubule and from the linear polymer formation). These secondary interactions (green arrows) are the molecular origins of cooperative assembly.

the first turn of the helix (Fig. 1c). The entropic cost of assembling the first turn is thus not compensated by an offsetting enthalpic gain; the result is an energetically disfavored initiation event.

Such nucleation-elongation behavior was first discovered in protein polymerization decades ago, and it has attracted attention ever since. As a result, substantial information has been acquired from biological systems, especially actins polymers,^{6,15,16} regarding both the thermodynamic and kinetic characteristics that this nucleation-elongation mechanism entails. In great contrast, examples of synthetic polymers known to exhibit such a nucleation process during polymerization are limited. From the discussion below we will see that in order to possess such a cooperative chain growth, some fundamental criteria must be met by the polymerization system. Most important is the requirement that the repeating units be capable of engaging in multiple interactions with other units in the same chain. Apparently, such a requirement cannot easily be fulfilled solely by covalent bonds. Most conventional synthetic polymers rely exclusively on covalent bonds to join adjacent repeating units and typically lack any kind of welldefined, higher-order structure that results from interactions between non-adjacent units. Nevertheless, with the everincreasing understanding and rapid development in the area of supramolecular chemistry, designing and synthesizing chain molecules manifesting intramolecular non-covalent interactions has produced helical conformations in a variety of structures.¹⁷⁻²⁶ Thus, synthetic polymerizations exhibiting a nucleated chain growth process can now be envisioned. Therefore, relevant theoretical analyses specifically directed toward nucleation-elongation behaviors in synthetic polymers are necessary.

To this end, the current perspective will be devoted to nucleation–elongation phenomena in the regime of synthetic polymer chemistry, starting with a survey of non-biological systems that show a nucleation process during polymerization. In order to elucidate the design rules for nucleation–elongation chain growth, general structural characteristics of the known cooperative systems will be summarized. Then, quantitative analyses of the thermodynamic and kinetic properties of the nucleation-elongation polymerization will be made in comparison to those of the conventional non-cooperative, stepgrowth polymerizations, with the aid of polymerization models representing these two different mechanisms. Since the goal of the current perspective is focused on synthetic systems, the discussion will concentrate on the most primitive models; more complex models such as those involving regulatory mechanisms,^{27,28} which are common in biological polymerizations, are beyond the scope of the present perspective. As most previously proposed models are intended for biological polymers, necessary modifications that make them more applicable to synthetic systems will also be developed. Lastly, the perspective of future applications of synthetic, supramolecular polymers resulting from nucleation-elongation will be briefly discussed, and a folding-driven approach to globular, soluble heterosequenced copolymers ("masterpiece sequences"²⁹) will be proposed.

2 Synthetic examples of nucleation–elongation polymerization

Distinct nucleation behavior has long been recognized and investigated in protein polymerizations, and substantial information has accumulated over several decades.³ In great contrast, synthetic polymerizations having similar nucleation– elongation mechanisms are rare. The known examples of synthetic systems that exhibit nucleation behavior in their polymerization reactions are reviewed below.

2.1 Cationic ring-opening polymerization of trioxane

The first example of a synthetic macromolecule that seemingly exhibited a nucleation process in its polymerization came in the early 1960s. Kern and Jaacks studied the kinetics of the polymerization of 1,3,5-trioxane (*i.e.*, the cyclic trimer of formaldehyde) in which they observed an unusually long induction period.³⁰ This polymerization is a cation-mediated, ring-opening chain reaction, which can be initiated by Lewis acids such as boron trifluoride. The mechanism of this polymerization reaction was believed to be the one shown in Scheme 1.



Scheme 1 Mechanism of the BF₃ catalyzed ring-opening polymerization of 1,3,5-trioxane.

Boron trifluoride (BF₃) first reacts with a trioxane molecule to form a stable adduct, which then undergoes a slow ringopening transformation to give a carbonium ion, stabilized by resonance. This zwitterion then undergoes successive ringopenings with trioxane to generate polyoxymethylenes.

However, this simple mechanism could not account for the long induction period observed in the polymerization of trioxane in dichloromethane. Kern and Jaacks then proposed that, in the polymerization starting with the cyclic trioxanes, the initially formed oxymethylene oligomers depolymerize to generate formaldehyde (Scheme 2). When the formaldehyde concentration is low, the rate of formaldehyde production is faster than that of chain extension through trioxane addition followed by ring-opening. In other words, formaldehyde keeps accumulating in solution until its concentration reaches a limit whereby the dissociation of formaldehyde from oligomers is balanced by its addition to the chain end. Further reactions between the zwitterion and trioxane afford the polymer products, while the concentration of formaldehyde in solution remains constant. This mechanism explained the long induction period that preceded the acceleration of the polymerization rate.

$$F_3\bar{B}_0$$
 $(0)_{n} \to 0^+$ $F_3\bar{B}_0$ $(0)_{n+1} \to 0^+$ $CH_2 + CH_2O$

 $\label{eq:Scheme 2} \begin{array}{l} \text{Reversible association of formaldehyde to oxymethylene} \\ \text{oligomers.} \end{array}$

This proposition was supported by an experiment in which the concentrations of formaldehyde within the polymerization system were analytically determined at various time intervals.³⁰ It was found that the formaldehyde concentration kept increasing during the initiation of the reaction; it reached a maximum and remained constant thereafter. Further evidence was provided by polymerizations of trioxane in the presence of added free formaldehyde. The length of the induction period was observed to be progressively reduced, or even eliminated, when an increasing amount of monomeric formaldehyde was added to the trioxane solution in the presence of the acid catalyst.

Strictly speaking, if the induction period observed in the polymerization of trioxane solely results from dissociations of formaldehyde, the mechanism cannot be classified as a nucleation–elongation process, but one having a divergent, competitive pathway. However, further experimental evidence revealed a steady increase in the number of growing cationic species as the reaction proceeded, which suggested that the initial ring-opening of the BF_3 -trioxane adduct was slower than further chain growth into polymers. This qualified the reaction as a nucleation–elongation polymerization.

This nucleation-elongation behavior became even more pronounced when the polymerization of trioxane took place in a poor solvent for polyoxymethylenes, resulting in crystallization of the polymers. Following Kern and Jaacks' work, Leese and Baumber studied the kinetics of heterogeneous trioxane polymerization in ethylene dichloride using chemical and adiabatic calorimetric methods.³¹ Their investigation elucidated that the polymerization of trioxane, again catalyzed by BF₃ etherate, experienced a slow induction period, which included the initial ring-opening of trioxane-BF₃ complexes, the degradation of the resultant linear molecules into formaldehyde to the point of saturation, followed by growth of the soluble, low molecular weight oligomers. As chain elongation continued, a solubility limit was reached. Thereafter, concomitant polymerization and crystallization resulted in an exothermic reaction that proceeded at a greatly accelerated rate.

The observation of simultaneous polymer chain propagation and crystal growth led researchers to speculate about the morphology of the resultant crystalline polymer structures.³² If the chain propagation proceeded via direct additions of monomer onto the crystal surface instead of via successive precipitations of chain molecules grown from dispersed nuclei upon reaching the solubility limit, the reactive chain ends must have remained on the surface of the growing crystals during the entire course of polymerization, and the resultant polymers should have chains arranged in a relatively extended conformation along the direction in which the crystal grows. This speculation was confirmed by the structural studies on the polyoxymethylene crystals conducted by Kawai et al.³² Apparently, under these circumstances, the heterogeneous polymerization of 1,3,5-trioxane is a nucleation-elongation process, in which the acceleration in polymerization rate arose from coupling of the crystalline lattice energy to the chain propagation.

2.2 Polymerization of N-carboxy α-amino acid anhydride (NCA)

Another example of nucleation–elongation behavior was found in the polymerizations of amino acid anhydrides.³³ The polymer products of NCAs, *i.e.*, synthetic polypeptides, were anticipated to adopt certain ordered secondary structures (such as α -helix and β -sheet structures) in solution or the solid state, and this should induce some unique polymerization properties and morphological characteristics.



Fig. 2 Schematic illustration of proposed heterogeneous polymerization of L-alanine NCA in acetonitrile.³⁴

In the polymerization of L-alanine NCA in acetonitrile with *n*-butylamine as the initiator (Scheme 3), the monomer solution was found to become turbid soon after n-butylamine was added.³⁴ As the polymerization proceeded further, fibrous, ribbon-like crystals precipitated, although these fibers continued to grow thicker with time. Based on X-ray diffraction, IR spectroscopy and electron micrograph analyses on the structures of products obtained at different stages of polymerization, \overline{O} ya and coworkers proposed a nucleation-growth mechanism for this polymerization reaction (Fig. 2). In acetonitrile, which is a good solvent for the NCA monomers but a poor solvent for the polypeptide, the growing chain molecules became insoluble once the degree of polymerization reached a critical length of ca. 3 repeating units (the system became turbid at this point). It was proposed that the precipitated oligopeptides existed in a β -sheet structure with chains arranged antiparallel to each other, nearly perpendicular to the fiber axis of the crystals. At this stage, the molecules were mainly stabilized by intermolecular H-bonds. With the reactive chain termini positioned on the surface of the fibers instead of occluded inside the crystal lattice, these molecules were capable of further propagation. Once the dangling chains achieved a sufficient length, they started to adopt the α -helical conformation, driven by the favorable intramolecular H-bond interactions. Thereafter, monomeric NCAs were continuously appended onto the reactive chain end on the surface of the crystalline, and the helices and crystal lattice thus progressively extended. This process corresponded to the thickening stage of the fibrous crystals. X-Ray diffraction studies supported this mechanism by illustrating that, at the early stage of the polymerization when the chains are short, the diffraction pattern of the product was characteristic of a β -sheet structure. As the chain grew longer, the reflections gradually became dominated by a peak characteristic of α -helix crystals.³⁴ IR spectroscopy further confirmed the presence of these structures and their transition at different stages of the polymerization. Independently, the critical chain length for helix formation in solution was determined by optical rotatory dispersion measurements to be between 7-10 repeat units. This agreed well with the observation that, during the polymerization, the α -helix structures were not stabilized until a chain length of ca. 13 was



Scheme 3 Polymerization of L-alanine NCA with *n*-butylamine as the initiator.

attained, which included the *ca.* 3 repeat units participating in the β -sheet domain.³⁵ Additionally, the thickness of the ribbon-like crystals obtained from electron micrographs was also in good agreement with the sum of twice the helix length and the width of the extended β -structure calculated from the average degree of polymerization at the corresponding reaction conversion.³⁶

Solvent and the peptide backbone structure were also found to play important roles in determining the occurrence of the nucleation and growth in NCA polymerizations. Acetonitrile represented a suitable solvent for striking an optimal balance between solvating the short oligomers but not long polymers, thus preventing continuous β-structure formation. Moreover, the solvent should be non-disruptive to H-bonding and facilitate helix formation for longer peptide chains.³⁵ L-Leucine,³⁷ L-methionine³⁸ and L-proline³⁹ NCAs were other amino acids that were found to give rise to helical chain crystals in acetonitrile, while β -alanine, glycine⁴⁰ and L-valine³⁷ were among a series of NCAs proven incapable of adopting helical conformation during polymerization. To summarize the polymerization of NCAs, the growth of the crystalline lattice is coupled to the chain propagation in the polymerization. It should be mentioned, however, that this polymerization is not reversible.

2.3 Folding-driven reversible polymerization of oligo(*m*-phenylene ethynylene) imines

In the above two examples of polymerizations exhibiting a nucleation process, the nucleation event must at least have partially coincided with the formation of crystal nuclei from the low oligomers that were soluble in solution. The supramolecular energy in these polymerizations was mostly derived from polymer crystallization.⁴¹ More recently, the design and performance of a solution-phase, nucleation-elongation polymerization of synthetic molecules was accomplished by Moore and coworkers with a metathesis polymerization of *m*-phenylene ethynylene (mPE) imine oligomers (Scheme 4).42,43 This reaction resembles protein polymerizations in that the driving energy for the polymerization is derived from the formation of higher-order structure in the polymers, and that the nucleation effect is believed to arise as a consequence of the helical conformation of the products. The polymerization proceeded in solution without crystallization or precipitation, which greatly helps delineating the effects of folding on the polymerization mechanism, such as whether the folding energy is sufficient to drive the polymerization equilibrium toward high polymers and whether the end-group effect of a helix structure does entail a type of nucleation behavior.







Fig. 3 Schematic diagram of folding-driven polymerization of oligo(m-phenylene ethynylene) imines having a nucleation-elongation mechanism.

The design of this nucleation-elongation polymerization was based on previous studies on the mPE oligomers. These oligomers were demonstrated to adopt an ordered, helical conformation in polar solvents such as acetonitrile, presumably driven by the solvophobically favored aromatic stacking interactions among the backbone units.44 Folding stability of these mPE oligomers was found to be governed by a critical chain length.⁴⁵ An oligomer containing ten mPE units exhibited only marginal folding stability (partially folded) in acetonitrile while oligomers of smaller size did not exhibit a stable, folded conformation. On the other hand, as the chain length increased, higher folding stability ensued. As chloroform was known to be a denaturing solvent that unfolds the oligomers and favors a random conformational state, it was possible to quantitatively determine the folding energy by following the helix-to-coil transition as the solvent composition was gradually changed from pure acetonitrile to pure chloroform.⁴⁴ By examining the folding energy change with chain length, the critical size of the mPE oligomers was found to be approximately eight to ten mPE units, beyond which the folding energy increased nearly linearly with chain length. A folding energy of ca. 0.7-0.8 kcal mol⁻¹ per mPE unit beyond the critical size was estimated for oligomers in pure acetonitrile at room temperature.45

Based on these results, it was envisioned that this folding energy might be harnessed to drive a reversible polymerization to generate high polymers (Fig. 3). To help overcome nucleation and to avoid macrocyclic traps, short oligomeric segments (*i.e.*, "starter sequences") were polymerized rather than monomer. For example, using the pair of starter sequences 1 and 2, each containing four mPE units, the immediate product (5) from a single coupling reaction will have eight mPE units, and thus is incapable of folding. Adding another starter sequence segment to this oligomer will produce a molecule of twelve *m*PE units, 6, which should be able to fold under appropriate conditions (e.g., in acetonitrile). Further extending the molecules will result in polymers having greater folding stabilities. Therefore, a nucleation-elongation polymerization should occur with the nucleus size being ca. 2 or 3. Evidently, varying the chain length of the starter sequences will alter the nucleus size and the step-wise equilibrium constant. For instance, using a pair of starter sequences each comprising two mPE units will increase the nucleus size to over 4 and reduce the free energy change accompanying each monomer (i.e., starter sequence) addition by one half. On the other hand, the employment of longer starter sequences (e.g., exceeding the nucleus size) will result in elimination of the nucleation process, although the step-wise driving force for polymerization will become larger.

In order to be most suitable for a nucleation–elongation process, the choice of the covalent ligation is critical. A large free-energy gain from covalent bond formation will overwhelm the folding energy, causing the polymerization to be favored at each step. Polymerizations based on metathesis reactions avoided this problem. For a metathesis (*i.e.*, exchange) reaction, the sum of the covalent bond energy of the reactants is nearly equal to that of the products. Thus, a minimal bond energy change will occur with each covalent coupling during the polymerization. Consequently, the energy gained from folding, *i.e.*, the supramolecular interactions within the chain, will solely be responsible for driving the polymerization equilibrium. The occurrence of high polymers, should they be observed, can thus be attributed to supramolecular organization of the folded chain. The equilibrium distribution of the chain length will thus be controlled by the relative stabilities of the folded and unfolded chains. Another design consideration for selecting this metathesis reaction is that it is a reversible process (dynamic covalent bond).⁴⁶ The reversibility ensures that the polymerization proceeds to thermodynamic equilibrium rather than being dictated by the kinetics of the coupling reaction. Additionally, a reversible coupling reaction would allow erroneous sequences to be corrected in a heterosequence polymerization.

Based on the above analyses, starter sequences 1 and 2 were prepared and their polymerization was studied. Indeed, it was demonstrated that high polymers were obtained from the metathesis polymerization only under conditions that favored folding. Only low molecular weight oligomers resulted under non-folding conditions, such as in chloroform. This result supported the folding-driven nature of the polymerization. Particularly, in polymerizations under conditions that promoted folding, monomers 1 and 2 were invariably found to be present in significant amounts, coexisting with high molecular weight products at equilibrium. This observation is consistent with what is predicted by polymerization models following a nucleation–elongation mechanism (*vide infra*).

3 General features of nucleation–elongation polymerization

3.1 Clarification of terms

The protein subunits of protein polymers associate with each other through non-covalent interactions; thus, the protein polymers are unambiguously supramolecular polymers or assemblies. For most synthetic polymers including those with folded supramolecular structures, the repeating units are linked through covalent bonds. Therefore, these molecules cannot be classified as supramolecular polymers.⁴⁷ However, if we consider the polymerization mechanism, the issue is not the presence or absence of continuous covalent connectivity in the final product, but rather what interactions provide the dominant driving force for high polymer formation. Therefore, it is suggested that a polymerization be considered as a supramolecular polymerization if non-covalent interactions contribute significantly to the driving force for polymer growth.

3.2 Minimum requirements for a nucleation–elongation polymerization

Structural analyses (such as X-ray diffraction, electron micrograph, *etc.*) on protein polymers have unambiguously elucidated regular structures and many are of helical symmetry. All the protein monomers, which are complex, globular structures with irregular shapes,^{48,49} are generally arranged in equivalent, or approximately equivalent, positions relative to their neighboring molecules. Each monomeric unit simultaneously interacts with multiple neighboring protein molecules. Mathematical analysis has shown that continued application of a general identity operation to an asymmetric element must result in a helical structure (straight linear and cyclic structures are considered special limiting cases of helices).^{3,48} In other words, a linear polymer derived from asymmetric repeating units all of which have the same relative positions must be helical.

In a covalently linked polymer where each unit is divalent, adjacent units can be defined as the segments joined directly through covalent bonds. Thus, non-adjacent interactions refer to the connections between two segments that are not directly linked through covalent bonds but interact with each other through space (*e.g.*, units belonging to adjacent turns within a helix). However, the differentiation between adjacent and

non-adjacent units would be hard to make for polymers that are constructed exclusively from non-covalent interactions (*e.g.*, as in protein polymers). Nevertheless, if helical or tubular protein assemblies are imagined as structures resulting from winding a single or multiple strands of linear protein polymers, analogies can be drawn between synthetic and biological systems.

For a helical or tubular structure (Fig. 1) having more than one unit per turn, a nucleation-elongation polymerization arises from the process of forming the first turn. The free energy change for each repeating unit assembling to form the first turn of a helix is different from that of adding a monomer to an existing helical chain end. In forming the first turn, there is no neighboring turn and thus fewer subunit interactions are possible. If the nearest-neighbor interactions contribute significantly to helix stability, then nucleation behavior arises. Another way of thinking about this is breaking a helix into two fragments (each containing more than one complete turn) would be energetically more demanding than the dissociation of a single molecule from the chain end, as fragmentation involves disrupting multiple monomer-monomer interactions. In contrast, breaking a chain that is strictly one dimensional (e.g., tropomyosin, Fig. 1a) is no more energetically demanding than monomer dissociation.

Based on the above analyses, the minimum criterion for nucleation-elongation polymerization would be the presence of modular building blocks capable of multi-site interactions resulting in a helical assembly. The interactions must be highly specific and selective in order to circumvent random aggregation of the building blocks. The distribution of these interactive sites on the surface of the monomer has to be highly regulated, as it determines the geometric characteristic of the resulting structures. The strength of these interactions is another critical factor: the interactions between the monomers from neighboring turns must be strong enough, compared to intra-turn or adjacent-unit interactions. When inter-turn interactions are strong, elongation is favored relative to nucleation, thus facilitating high polymer formation. For synthetic molecules multiple, non-adjacent interactions can be realized by supramolecular interactions within the polymer chain. This requires that the chain adopt a compact conformation (as the distance between non-adjacent units is short).

4 Mathematical models

In order to quantitatively describe, analyze and predict the thermodynamics and kinetics of nucleation–elongation polymerizations, mechanistic-based models have been proposed.³ Eqn. (1) is a general set of relationships, in which polymerization is described as successive monomer addition to *i*-mer fragments. If *i* represents the degree of polymerization, the rate constants of the forward and backward reactions for adding or cleaving a monomer unit are designated as k_i and k_{-i} , from

$$A + A \xrightarrow[k_{2}]{k_{2}} A_{2} \qquad K_{2} = k_{2} / k_{-2} = \frac{[A_{2}]}{[A]^{2}}$$

$$A_{2} + A \xrightarrow[k_{-3}]{k_{-3}} A_{3} \qquad K_{3} = k_{3} / k_{-3} = \frac{[A_{3}]}{[A][A_{2}]}$$

$$A_{3} + A \xrightarrow[k_{-4}]{k_{-4}} A_{4} \qquad K_{4} = k_{4} / k_{-4} = \frac{[A_{4}]}{[A][A_{3}]} \qquad (1)$$

$$\vdots$$

$$A_{i-1} + A \xrightarrow[k_{i-1}]{k_{-i}} A_{i} \qquad K_{i} = k_{i} / k_{-i} = \frac{[A_{i}]}{[A][A_{i-1}]}$$

$$\vdots$$



Fig. 4 Qualitative plots of free energy as a function of degree of polymerization for different models of polymerization: isodesmic (a) and nucleation–elongation with a nucleus size of two (b) and n (c).

which the equilibrium constant K_i can be derived (brackets represent molar concentration). Based on these parameters and other relevant information, such as total monomer concentrations, thermodynamic and kinetic properties of a polymerization reaction can be calculated or estimated.

Although eqn. (1) is adequate for most protein polymerizations, an additional factor has to be considered when such a model is applied to systems producing a small-molecule byproduct along with the polymers. Such would be the case for synthetic polymers involving a condensation byproduct. In such a case, relationships given by eqn. (2) must be used (*i.e.*, an extra term B denoted for the byproduct is incorporated in each step). In a closed system, wherein none of the products is removed from the equilibration during the reaction, B will keep accumulating until equilibrium is reached. In the polymerization reaction shown in Scheme 4, for instance, B represents the small-molecule byproduct 4.

$$A + A \xrightarrow{k_{2}} A_{2} + B \qquad K_{2} = k_{2}/k_{-2} = \frac{[A_{2}][B]}{[A]^{2}}$$

$$A_{2} + A \xrightarrow{k_{3}} A_{3} + B \qquad K_{3} = k_{3}/k_{-3} = \frac{[A_{3}][B]}{[A][A_{2}]}$$

$$A_{3} + A \xrightarrow{k_{4}} A_{4} + B \qquad K_{4} = k_{4}/k_{-4} = \frac{[A_{4}][B]}{[A][A_{3}]} \quad (2)$$

$$\vdots$$

$$A_{i-1} + A \xrightarrow{k_{i}} A_{i} + B \qquad K_{i} = k_{i}/k_{-i} = \frac{[A_{i}][B]}{[A][A_{i-1}]}$$

It is should be noted that the units of the equilibrium constants (K_i) and the rate constants for the reverse reactions (k_{-i}) are different in the above two cases. For eqn. (1) the association constants have units of $(\text{conc.})^{-1}$, while for eqn. (2) the association constants are unitless. This difference will have practical consequences for polymerization behavior. For instance, in the former case, the equilibrium and kinetic properties should be dependent on concentration. In the latter, only the approach to equilibrium depends on concentration while the equilibrium state itself is independent of concentration. Details of these analyses will be discussed in the following sections.

4.1 Isodesmic model

The isodesmic model is the simplest model of polymerization or aggregation and it is generally suited to strictly one dimensional polymers. In this model, it is assumed that any monomer addition to another monomer or a polymer occurs with identi-

cal free energy changes. Thus, the equilibrium constants for all steps in eqns. (1) and (2) are the same $(K_2 = K_3 = \ldots = K_i \ldots)$. Accordingly, there should be no energy difference between adding a monomer to a polymer or to another monomer (Fig. 4a). In other words, no nucleation occurs in this type of polymerization. The reaction is non-cooperative. Few protein polymerizations actually follow such a mechanism; one example is tropomyosin.^{7,8} Nevertheless, this model is adequate for simulating most synthetic polymerizations including noncooperative supramolecular polymerization, because synthetic polymers are generally linear and incapable of non-adjacent interactions or secondary, or higher-order, supramolecular structure formation. The reactivity of the functional groups in synthetic polymers responsible for covalent couplings has long been proven to remain constant, irrelevant of the lengths of the chains to which they are attached.^{1,2} This model has also been used to describe the self-association of small molecules, biological and synthetic, which tend to aggregate into strictly one dimensional columnar structures, under the conditions where only two nearest-neighbor interactions are significant.⁹

4.2 Single-step nucleation

A simple modification to the isodesmic model is to allow the equilibrium constant of the first step (*i.e.*, dimerization) in eqns. (1) and (2) to differ from the others ($K_2 \neq K_3 = K_4 = \ldots = K_i \ldots$). If K_2 is larger than the equilibrium constants of the remaining steps, the system experiences tight dimerization followed by isodesmic elongation. On the contrary, if K_2 is smaller than K_i (i > 2), nucleation–elongation occurs, with a nucleus size of two. Accordingly, for a disfavored dimerization (nucleation) followed by favorable chain growth, a plot of product free energy vs. the degree of polymerization is shown in Fig. 4b.

4.3 Multiple-step nucleation

If the monomer addition becomes unfavorable for more than one step, *i.e.*, association constants K_2 through K_n are all smaller than K_{n+1} and so on, a multi-step nucleation mechanism occurs. Accordingly, oligomerizations up to the *n*-mer are considered nucleation steps (the nucleus size, *n*) and elongation ensues from this point on (Fig. 4c). Alternatively, the nucleus size may be defined as the smallest oligomers of which the elongation is faster than dissociation $(k_{n+1} > k_{-n})$.

4.4 Others

In addition to the models mentioned above, a number of other models have been used to describe polymerizations or aggregations. For example, if the equilibrium constants taper off during the elongation steps, *e.g.*, due to increasingly less favorable entropy change as the chain grows longer, an attenuated (or non-equal) K model can be developed.^{9,50} Alternatively, various models with additional steps to explain the regulatory mechanisms in protein polymerizations (such as the

roles of ATP and cations involved in actin polymerization) have also been proposed.^{27,28,51} These models will not be the focus of the current perspective, since they involve more complicated mechanisms. Here we are trying to capture the most fundamental and distinguishing features of polymerizations that exhibit cooperativity from those that are non-cooperative. In the following sections, thermodynamic and kinetic properties of polymerizations will be analyzed in detail using the simple nucleation–elongation as the cooperative model and this will be compared to the non-cooperative, isodesmic polymerization.

5 Thermodynamics

5.1 General formula

Since thermodynamics is only concerned with the equilibrium state of a polymerization rather than the kinetically most favorable pathway to each product of different size, the choices of certain expressions in the polymerization mechanism over others will not alter the results of thermodynamic calculations, as long as correlations between all possible species are correctly expressed in terms of equilibrium constants K_i . Therefore, successive equilibrium equations between monomers and *i*-mers as expressed in eqns. (1) and (2) should be suitable for analyzing the equilibrium properties of a polymerization, such as the molecular size distribution and its average value.

According to eqn. (1), the molar concentration of molecules with different degrees of polymerization at equilibrium can be written as follows:

$$[A_{2}] = K_{2}[A]^{2}$$

$$[A_{3}] = K_{3}[A_{2}][A] = K_{3}K_{2}[A]^{3}$$

$$[A_{4}] = K_{4}[A_{3}][A] = K_{4}K_{3}K_{2}[A]^{4}$$

$$\vdots$$

$$[A_{i}] = K_{i}[A_{i-1}][A] = K_{i}...K_{3}K_{2}[A]^{i} = [A]^{i} \cdot \prod_{j=2}^{i} K_{j}$$

$$\cdot$$

$$\cdot$$

$$\cdot$$

$$\cdot$$

$$\cdot$$

$$\cdot$$

$$c_{t} = \sum_{i=1}^{\infty} i \left[\mathbf{A}_{i} \right]$$
(4)

$$c_{p} = \sum_{i=1}^{\infty} \left[\mathbf{A}_{i} \right]$$
(5)

where c_t is the initial total concentration of monomer, and c_p is the total concentration of all products, including monomers, oligomers and polymers at different degrees of polymerization.

In the case of eqn. (2), the corresponding expressions are slightly different:

$$[A_{2}] = K_{2}[A]^{2} / [B]$$

$$[A_{3}] = K_{3}[A_{2}][A] / [B] = K_{3}K_{2}[A]^{3} / [B]^{2}$$

$$[A_{4}] = K_{4}[A_{3}][A] / [B] = K_{4}K_{3}K_{2}[A]^{4} / [B]^{3}$$
(6)

$$[A_i] = K_i [A_{i-1}] [A] / [B] = K_i ... K_3 K_2 [A]^i / [B]^{i-1}$$

$$[\mathbf{B}] = \sum_{i=1}^{\infty} (i-1) [\mathbf{A}_i] = c_{t} - c_{p}$$
(7)

where the expressions for total concentrations, c_t and c_p , remain the same as eqns. (4) and (5).

5.2 Isodesmic model (non-cooperative polymerization)

In the isodesmic model without byproduct formation, the equilibrium constants for all monomer additions are identical $(K_2 = K_3 = \ldots = K_i \ldots = K)$. Therefore, eqns. (3)–(5) simplify to:

$$[\mathbf{A}_{i}] = K^{-1}(K[\mathbf{A}])^{i}$$
(8)

$$c_{t} = \sum_{i=1}^{\infty} i K^{-1} \left(K[A] \right)^{i} = \frac{[A]}{\left(1 - K[A] \right)^{2}} \quad \left(K[A] < 1 \right)$$
(9)

$$c_{\rm p} = \sum_{i=1}^{\infty} K^{-1} \left(K[A] \right)^{i} = \frac{[A]}{1 - K[A]}$$
(10)

If c_t is known, eqn. (9) can be rearranged into:

$$K[A] = 1 + \frac{1}{2Kc_{t}} - \left(\frac{1}{Kc_{t}} + \frac{1}{4(Kc_{t})^{2}}\right)^{1/2}$$
(11)

Based on this equation, as c_t approaches infinity, the monomer concentration [A] tends to, but never equals, K^{-1} . Accordingly, the condition for justifying eqn. (9), K[A] < 1, is satisfied. From the above results, one can calculate the number- and weightaverage degrees of polymerization $\langle dp \rangle_n$ and $\langle dp \rangle_w$, respectively, as well as the polydispersity index (PDI) at equilibrium:

$$< dp >_n = \frac{\sum_{i=1}^{\infty} i[A_i]}{\sum_{i=1}^{\infty} [A_i]} = \frac{c_t}{c_p} = \frac{1}{1 - K[A]}$$
 (12)

$$< dp>_{w} = \frac{\sum_{i=1}^{\infty} i^{2} [A_{i}]}{\sum_{i=1}^{\infty} i [A_{i}]} = \frac{\sum_{i=1}^{\infty} i^{2} K^{-1} (K[A])^{i}}{c_{i}} = \frac{1 + K[A]}{1 - K[A]}$$
(13)

$$PDI = \frac{\langle dp \rangle_w}{\langle dp \rangle_n} = 1 + K [A]$$
(14)

As [A] approaches K^{-1} (*i.e.*, $c_t \rightarrow \text{infinity}$), the polydispersity index approaches 2.0. Combining eqn. (11) with eqns. (12)– (14), respectively, one can obtain the product of the equilibrium constant and monomer concentration (*K*[A]), the relative concentration of monomer ([A]/ c_t), and average degrees of polymerization at equilibrium ($\langle dp \rangle_n$ and $\langle dp \rangle_w$) as functions of Kc_t (Fig. 5). Based on these results, gradual transitions of these values with increasing Kc_t are expected from an isodesmic polymerization.

The size distribution at equilibrium can also be derived. This can either be expressed as the mole fraction (X_i) or weight fraction (W_i) of molecules with a degree of polymerization of *i*:

$$X_{i} = \frac{[A_{i}]}{\sum_{j=1}^{\infty} [A_{j}]} = \frac{K^{-1}(K[A])^{i}}{c_{p}} = (K[A])^{i-1}(1-K[A])$$
(15)



Fig. 5 Plots of K[A] (I, —), $[A]/c_t$ (I, ---), $\langle dp \rangle_n$ (II, —), and $\langle dp \rangle_w$ (II, ---) as functions of Kc_t under the conditions of an isodesmic polymerization without byproduct.

$$W_{i} = \frac{i[A_{i}]}{\sum_{j=1}^{\infty} j[A_{j}]} = \frac{iK^{-1}(K[A])^{i}}{c_{t}} = i(K[A])^{i-1}(1-K[A])^{2}$$
(16)

From eqn. (15), it can be seen that monomer is always the most abundant species in number within the system, regardless of the values of the equilibrium constant and the total concentration.

Correspondingly, for isodesmic polymerizations in which there is a byproduct formed, the corresponding concentrations of monomer A, byproduct B and the total concentrations at equilibrium can be obtained from eqns. (4)-(7):

$$[\mathbf{A}_i] = K^{-1}[\mathbf{B}](K[\mathbf{A}]/[\mathbf{B}])^i$$
(17)

$$c_{t} = \sum_{i=1}^{\infty} i K^{-1} [B] (K[A]/[B])^{i} = \frac{[A]}{(1 - K[A]/[B])^{2}}$$
(18)

$$c_{p} = \sum_{i=1}^{\infty} K^{-1} [B] (K[A]/[B])^{i} = \frac{[A]}{1 - K[A]/[B]}$$
(19)

$$[\mathbf{B}] = \sum_{i=1}^{\infty} (i-1) [\mathbf{A}_i] = c_t - c_p = (K[\mathbf{A}]/[\mathbf{B}]) c_t$$
(20)

Combining (18) and (20), one can solve [A] and [B] as functions of c_t :

$$[A] = \frac{1}{\left(1 + K^{1/2}\right)^2} c_t \tag{21}$$

$$[B] = \frac{K^{1/2}}{1 + K^{1/2}} c_t$$
(22)

Accordingly, the number- and weight-distributions of degree of polymerization and their average values at equilibrium can be derived:

$$< dp >_n = \frac{c_t}{c_p} = \frac{1}{1 - K[A]/[B]} = 1 + K^{1/2}$$
 (23)

$$< dp>_{w} = \frac{\sum_{i=1}^{\infty} i^{2} [A_{i}]}{\sum_{i=1}^{\infty} i [A_{i}]} = \frac{\sum_{i=1}^{\infty} i^{2} (K[A]/[B])^{i}}{[B]^{-1} Kc_{t}}$$

$$= \frac{1 + K[A]/[B]}{1 - K[A]/[B]} = 1 + 2K^{1/2}$$
(24)

$$PDI = \frac{\langle dp \rangle_{w}}{\langle dp \rangle_{n}} = \frac{1 + 2K^{1/2}}{1 + K^{1/2}}$$
(25)

$$X_{i} = \frac{[A_{i}]}{\sum_{j=1}^{\infty} [A_{j}]} = \frac{K^{-1}[B](K[A]/[B])^{i}}{c_{p}}$$

$$= (K[A]/[B])^{i-1}(1 - K[A]/[B])$$

$$= \left(\frac{K^{1/2}}{1 + K^{1/2}}\right)^{i-1} \frac{1}{1 + K^{1/2}}$$

$$:[A_{i}] = \frac{iK^{-1}[B](K[A]/[B])^{i}}{iK^{-1}[B](K[A]/[B])^{i}}$$
(26)

$$W_{i} = \frac{i[A_{i}]}{\sum_{j=1}^{\infty} j[A_{j}]} = \frac{iK^{-1}[B](K[A]/[B])}{c_{t}}$$

$$= i(K[A]/[B])^{i-1}(1 - K[A]/[B])^{2}$$

$$= \left(\frac{K^{1/2}}{1 + K^{1/2}}\right)^{i-1} \frac{i}{(1 + K^{1/2})^{2}}$$
(27)

It is clear that when a byproduct is generated during polymerization, the average degrees of polymerization and size distributions [eqns. (23)–(27)] at equilibrium become independent of the total concentration of monomer and solely depend on the equilibrium constant K. This is in great contrast to the systems without the byproduct B, wherein all these values are related to both K and c_t . The results shown above can be derived independently by statistical considerations.^{1,2}

5.3 Nucleation-elongation (cooperative) polymerization

As demonstrated above, if a polymerization follows the isodesmic addition mechanism, its molecular weight distribution, as well as other properties, can be predicted by analytical solutions. However, from early investigations of protein polymers, it was noted that polymerization behavior deviated from these predictions. It was found that the polymerization only took place above a critical total concentration and that protein polymers always coexisted in equilibrium with a significant amount of monomer that remained in solution.¹⁰ Once the polymer (*e.g.* F-actin) is formed, its molecular weight is rather large, even at a total concentration near the critical value. Further increasing the total concentration beyond this critical value only increases the polymer concentration, while the

Org. Biomol. Chem., 2003, 1, 3471-3491 3479

monomer concentration remains constant at this critical value.^{3,10,52,53} These observations are inconsistent with the predictions of the isodesmic model, in which the average degree of polymerization for equilibrium should gradually but consistently increase with increasing total concentration at a given association equilibrium constant. Additionally, the relative weight percentage of the monomer within the equilibrated isodesmic polymerization system should be minimal and depend on the total concentration (Fig. 5, I). In contrast, protein polymerizations behave cooperatively, like gas-liquid condensation or small molecule crystallization in regard to the existence of a critical concentration. The discrepancies between the observed behaviors of protein polymerizations and the predictions of the isodesmic model suggested a different polymerization mechanism must be operating. Based on experimental evidence from systematic kinetic and equilibrium studies on a variety of protein polymerizations, a nucleationelongation mechanism was proposed.54 Such a cooperative mechanism was considered reasonable because the nucleation process can be imagined to result from the helical and tubular structures exhibited by these polymers (vide infra). Moreover, the thermodynamic and kinetic characteristics predicted by the proposed model explained the observed polymerization behaviors. The following sections will be devoted to thermodynamic results obtained from this nucleation-elongation polymerization model.3,54,55

5.3.1 Polymerization with a single nucleation step. The simplest version of nucleation–elongation polymerization model has only one step of nucleation followed by isodesmic elongation steps. In other words, only the dimerization step in eqn. (1) is energetically disfavored relative to the following steps (*i.e.*, $K_2 < K_3 = \ldots = K_i = \ldots = K$).⁵⁰ The nucleus size, *n*, is 2. According to the equilibrium conditions, eqn. (3) can be modified:

$$[A_{2}] = K_{2}[A]^{2}$$

$$[A_{3}] = K[A_{2}][A] = KK_{2}[A]^{3}$$

$$[A_{4}] = K[A_{3}][A] = K^{2}K_{2}[A]^{4}$$

$$\vdots$$

$$[A_{i}] = K[A_{i-1}][A] = K^{i-2}K_{2}[A]^{i} = \sigma K^{-1}(K[A])^{i} \quad (i \ge 2)$$

$$\vdots$$

where

$$\sigma = K_2/K$$

Accordingly,

$$c_{t} = [A] + \sum_{i=2}^{\infty} i\sigma K^{-1} (K[A])^{i} = (1 - \sigma)[A] + \frac{\sigma[A]}{(1 - K[A])^{2}}$$
(29)

The nucleation factor, σ , turns out to be a very important parameter. By rearranging eqn. (29), [A]/ c_t and K[A] can be solved and plotted as functions of Kc_t (Fig. 6). From these plots, it can be seen that, in a highly cooperative system (*i.e.*, when elongation is far more favored than nucleation, and $\sigma \ll 1$), when $c_t \ll K^{-1}$, almost all the molecules exist in the monomeric form (*i.e.*, [A] $\approx c_t$, Fig. 6, I). As c_t increases, the concentration of monomer rises, but only to a limit. Once c_t exceeds K^{-1} , the monomer concentration rises no further but remains constant at the value of K^{-1} (Fig. 6, II). All the rest of the molecules ($c_t - [A]$) are transformed into polymers. Therefore, K^{-1} is defined as the critical concentration, c_e , below which



Fig. 6 Plots of $[A]/c_t$ (I) and K[A] (II) as functions of Kc_t from cooperative nucleation–elongation polymerizations (without byproduct) with σ values as indicated.

almost no polymerization occurs. Another point that is worth noting is that when Kc_t is around unity, given the same value of K, the equilibrium monomer concentration in a nucleation– elongation polymerization is substantially higher than that found in an isodesmic system. This explains the experimental results in which a significant amount of protein monomer was observed to coexist with high polymers at equilibrium. Naturally, when σ approaches unity, the polymerization tends to behave like a polymerization without a nucleation process (*cf.* Fig. 5). The disappearance of the sharp transitions of K[A]and $[A]/c_t$ around the region of $Kc_t = 1.0$ as $\sigma \rightarrow 1$ indicates the loss of the critical monomer concentration c_c .

The number- and weight-average degrees of polymerization can be derived as in eqns. (30) and (31).

$$< dp>_{n} = \frac{c_{t}}{c_{p}} = \frac{[A] + \sum_{i=2}^{\infty} i[A_{i}]}{[A] + \sum_{i=2}^{\infty} [A_{i}]}$$

$$= \frac{\sigma + (1 - \sigma)(1 - K[A])^{2}}{\sigma(1 - K[A]) + (1 - \sigma)(1 - K[A])^{2}}$$

$$< dp>_{w} = \frac{[A] + \sum_{i=2}^{\infty} i^{2}[A_{i}]}{[A] + \sum_{i=2}^{\infty} i[A_{i}]}$$

$$= \frac{\sigma(1 + K[A]) + (1 - \sigma)(1 - K[A])^{3}}{\sigma(1 - K[A]) + (1 - \sigma)(1 - K[A])^{3}}$$

$$(31)$$

Combined with eqn. (29), plots of $\langle dp \rangle_n$ and $\langle dp \rangle_w$ as functions of Kc_t can be obtained (Fig. 7). Consistently, these results reconfirmed the existence of a critical concentration. When $\sigma \ll 1$, high molecular weight species are nearly non-existent below the critical concentration K^{-1} . Both number- and weightaverage degrees of polymerization abruptly increase once c_t exceeds K^{-1} . Most remarkably, the plots in Fig. 7 show that $\langle dp \rangle_n$ and $\langle dp \rangle_w$ increase with decreasing σ value when $Kc_t > 1$. Thus a higher average degree of polymerization can be achieved by a nucleated polymerization than an isodesmic reaction at a given total monomer concentration. The magnitude of this molecular weight enhancement is determined by the cooperativity of the system, *i.e.*, the value of σ . The less favorable the nucleation step, the higher average molecular weight is attained at equilibrium. Additionally, the abrupt increase of $\langle dp \rangle_{w}$ around $Kc_{t} = 1.0$ illustrates that high polymers are produced even if the total concentration is near the critical concentration. This prediction is consistent with the experi-mental results.¹⁰ The fact that almost all the experimental observations about the protein polymerization can be qualitatively explained by this model suggests that the nucleationelongation mechanism is plausible, although more quantitative analyses are necessary to determine the accurate nucleus size and the kinetic constants for the nucleation and elongation processes.



Fig. 7 Plots of $\langle dp \rangle_n$ (I) and $\langle dp \rangle_w$ (II) as functions of Kc_t from cooperative nucleation–elongation polymerizations (without byproduct) with σ values as indicated.

As mentioned earlier, due to the lack of real experimental systems, few investigations have been carried out on cooperative nucleation–elongation polymerizations in which a small-molecule byproduct is generated. Intuitively, a nucleation process should also bring about similar properties as seen for the above non-byproduct reactions. As it turns out, the situation is a little different when a small-molecule byproduct forms along with the polymers. Again, for $K_2 < K_3 = \ldots = K_i = \ldots = K$, the following relations can be derived from eqns. (6) and (7):

$$[A_{2}] = K_{2}[A]^{2}/[B]$$

$$[A_{3}] = K[A_{2}][A]/[B] = KK_{2}[A]^{3}/[B]^{2}$$

$$[A_{4}] = K[A_{3}][A]/[B] = K^{2}K_{2}[A]^{4}/[B]^{3}$$

$$\vdots$$

$$[A_{i}] = K[A_{i-1}][A]/[B] = K^{i-2}K_{2}[A]^{i}/[B]^{i-1}$$

$$= \sigma K^{-1}[B](K[A]/[B])^{i} \quad (i \ge 2)$$

$$\vdots$$

$$\sigma = K_{2}/K$$

$$c_{i} = [A] + \sum_{i=2}^{\infty} i\sigma K^{-1}[B](K[A]/[B])^{i}$$

$$= \frac{\sigma[A]}{(1 - K[A]/[B])^{2}} + (1 - \sigma)[A]$$

$$c_{p} = [A] + \sum_{i=2}^{\infty} \sigma K^{-1}[B](K[A]/[B])^{i}$$

$$= \frac{\sigma[A]}{1 - K[A]/[B]} + (1 - \sigma)[A]$$
(34)

$$[B] = \sum_{i=1}^{\infty} (i-1)[A_i] = c_i - c_p = \frac{\sigma K[A]^{z} / [B]}{(1 - K[A] / [B])^2}$$
(35)

From eqns. (33) and (35), one can get:

$$K[A]/[B] = \frac{(K/\sigma)^{1/2}}{1 + (K/\sigma)^{1/2}}$$
(36)

$$\frac{[A]}{c_{t}} = W_{1} = \frac{1}{1 + K + 2(\sigma K)^{1/2}}$$
(37)

$$\frac{[B]}{c_{t}} = \frac{K + (\sigma K)^{1/2}}{1 + K + 2(\sigma K)^{1/2}}$$
(38)

Therefore,

$$X_{i} = \frac{[A_{i}]}{\sum_{j=2}^{\infty} [A_{j}] + [A]} = \frac{\sigma}{1 + (\sigma K)^{1/2}} \left(\frac{K^{1/2}}{K^{1/2} + \sigma^{1/2}}\right)^{i-1} \quad (i \ge 2) \quad (39)$$

$$W_{i} = \frac{i[A_{i}]}{c_{t}} = \frac{i\sigma}{K + 2(K\sigma)^{1/2} + 1} \left(\frac{K^{1/2}}{K^{1/2} + \sigma^{1/2}}\right)^{i-1} \quad (i \ge 2)$$
(40)

$$< dp>_{n} = \frac{c_{t}}{c_{p}} = \frac{[A] + \sum_{i=2}^{\infty} i[A_{i}]}{[A] + \sum_{i=2}^{\infty} [A_{i}]} = \frac{K + 2(K\sigma)^{1/2} + 1}{1 + (\sigma K)^{1/2}}$$
 (41)

$$< dp>_{w} = \frac{\left[A\right] + \sum_{i=2}^{\infty} i^{2}\left[A_{i}\right]}{\left[A\right] + \sum_{i=2}^{\infty} i\left[A_{i}\right]} = \frac{2K(K/\sigma)^{1/2} + 5K + 4(K\sigma)^{1/2} + 1}{K + 2(\sigma K)^{1/2} + 1}$$
(42)
Org. Biomol. Chem., 2003, 1, 3471 - 3491 **3481**

It is clear that the relative concentrations of A $([A]/c_t)$ and B $([B]/c_t)$ at equilibrium are independent of the total concentration c_t and only determined by the values of σ and K. In other words, the absolute concentrations linearly increase with c_t at constant σ and K. Accordingly, the equilibrium mole and weight fractions of *i*-mers (*i.e.*, size distributions) are solely determined by the constants σ and K, irrespective of the total monomer concentration. Another important finding about byproduct-generating systems is that, if $[A]/c_t$, $\langle dp \rangle_n$ or $\langle dp \rangle_w$ is plotted against logK, the sharp transitions that occurred with the above non-byproduct system do not exist in the current case (Figs. 8 and 9). The relative concentrations and average degrees of polymerization experience more gradual changes as the equilibrium constants (K and K_2) are varied at constant σ . In fact, as σ approaches zero, [A]/ c_t becomes less sensitive to the σ value (Fig. 8, II). In other words, when $K_2 << K$, the relative concentration of monomer at equilibrium is largely dependent only on K being insensitive to K_2 . This is in great contrast to the average molecular weight, which is influenced by both K and σ , and substantially increases with decreasing σ value (Fig. 9). Interestingly, when $\langle dp \rangle_n$ is plotted against K_2 at constant K (Fig. 10), sigmoidal curves arise, showing that $\langle dp \rangle_n$ rapidly increases with diminishing K_2 . This transition always takes place within a certain range of K_2 (*i.e.*, ca. $K_2 = 0.1-10$). Outside this range, $\langle dp \rangle_n$ becomes less sensitive to K_2 , tending to be linearly proportional to K on the smaller K_2 side and tending to very small values on the larger K_2 side. From the standpoint of molecular design, the important conclusion is that as long as K_2 is significantly small (e.g., smaller than 0.01), large $\langle dp \rangle_n$ can be attained even from only moderate K values, which is in great contrast to isodesmic systems.



Fig. 8 Plots of $[A]/c_t$ (I) and its derivative (II) as a function of K from nucleation–elongation polymerizations that produce a small-molecule byproduct with σ values as indicated. Curves a and b represent functions resulting from tight dimerization and isodesmic mechanisms, respectively. Curves c through g represent nucleation–elongation with a one-step nucleation event.



Fig. 9 Plots of $\langle dp \rangle_n$ (I) and $\langle dp \rangle_w$ (II) as a function of *K* from nucleation–elongation polymerizations that produce a small-molecule byproduct with σ values as indicated. Curves a and b represent functions resulting from tight dimerization and isodesmic mechanisms, respectively. Curves c through g represent nucleation–elongation with a one-step nucleation event.



Fig. 10 Plots of $\langle dp \rangle_n / K$ versus K_2 from nucleation–elongation polymerizations that produce a small-molecule byproduct. The *K* values are as indicated (curves c–e overlap).

5.3.2 Multiple nucleation steps. Obviously, the nucleation process can be more complex than simple dimer formation. Without going through the details of derivation, results from multi-nucleation step polymerizations will be summarized here. The total concentration c_t has a very similar expression to eqn. (29):

$$c_{t} \approx \left[A\right] + \frac{\sigma\left[A\right]}{\left(1 - K\left[A\right]\right)^{2}}$$
(43)

$$\sigma = \prod_{i=2}^{n} K_i / K^{n-1}$$
 (44)

where *n* is the nucleus size.^{3,54,55} Due to the similarity in these mathematical expressions, one should expect analogous behaviors from multi-nucleation step polymerizations as compared to single nucleation step reactions: a critical total monomer concentration $c_c = K^{-1}$ arises from a very small value of σ . If $c_t < c_c$, the dominant species within a polymerization system is monomer and polymers are essentially non-existent; when $c_t > c_c$, high polymer forms and the monomer concentrations. Additionally, the following equation is obtained:

$$\langle \mathrm{dp} \rangle_{\mathrm{n}} = \frac{\sum_{i=n}^{\infty} i[\mathrm{A}_i]}{\sum_{i=n}^{\infty} [\mathrm{A}_i]} \approx \frac{1}{1 - K[\mathrm{A}]} \approx \left(\frac{c_{\mathrm{t}} - c_{\mathrm{c}}}{\mathrm{c}_{\mathrm{c}}}\right)^{1/2} \sigma^{-1/2} \quad (45)$$

which indicates that, even at a total concentration close to critical concentration $c_{\rm c}$, a small value of σ gives rise to a large $\langle dp \rangle$.^{3,54}

Furthermore, the breadth of the size distribution at equilibrium has been examined.^{3,55} The mean square deviation of the degree of polymerization from the average value is defined by:

$$\langle \delta i^2 \rangle = \langle (i - \langle i \rangle)^2 \rangle = \langle i^2 \rangle - \langle i \rangle^2$$

where

$$\langle i^2 \rangle = (\Sigma i^2 [A_i]) / (\Sigma [A_i])$$

Since the concentration of *i*-mer is given as a function of the size *i* in a form of $(K[A])^i$, or exp(- αi), for large values of $\langle i \rangle$, one can find:

 $\langle \delta i^2 \rangle \approx \langle i \rangle^2$

In other words, the size distribution of the polymers at equilibrium should be a broad exponential distribution. The polydispersity index $(\langle dp \rangle_w / \langle dp \rangle_n)$ tends to 2.0 at large $\langle i \rangle$ values.⁵⁶ This equilibrium state is reached *via* a unique and interesting route in nucleation–elongation polymerizations, as will be discussed in more detail below.

Qualitatively summarizing the size distribution of a nucleation-elongation polymerization, since the nucleation factor, σ , is generally a very small value (i.e., $K_2 \ll K$), all species smaller than the nucleus are unstable. Additionally, as the nucleus size is usually small (3 or 4 for F-actin)^{15,51,57-59} compared to the average size of the polymers, the overall population (concentration) of these short oligomers is negligible, except for the monomer. Since the equilibrium constant for the nucleation step(s) is minuscule, of all the oligomers that are below the size of the nucleus, the monomer is by far the most abundant species. The size distribution among high polymers for a nucleation polymerization should not be particularly different from that of an isodesmic polymerization, since the relative thermodynamic stabilities of high polymers are similar for the two systems. Nonetheless, the average degree of polymerization from a nucleated polymerization should be higher than that from an isodesmic reaction with a similar elongation constant, presumably due to the destabilization of the low oligomers. A broad exponential distribution among high polymers in the presence of a relatively large amount of monomers is expected from a highly cooperative nucleationelongation polymerization.

6 Kinetics

The discussion that follows focuses on the approach to equilibrium and the rate by which this process is achieved. The kinetic features and mechanistic based models of polymerizations resulting from a cooperative nucleation event will be presented. The discussion will again start with the noncooperative isodesmic model, and comparison will then be made to the nucleation–elongation polymerization.

6.1 Isodesmic chain growth (non-cooperative polymerization)

Under the assumption of chain-length independent reactivity of polymerizable groups⁶⁰ in an isodesmic polymerization, the product size distribution should strictly follow statistical predictions both at equilibrium and at any point prior to that. Thus, the kinetic profile of an isodesmic polymerization can be conveniently obtained. If X and Y represent the two complementary polymerizable groups of all *i*-mers within a polymerization system, in the case of no small-molecule byproduct, one has:

$$X + Y \stackrel{k}{\longleftarrow} X - Y$$
$$= 0 \quad M_0 \quad M_0 \quad 0$$
$$t \quad M \quad M \quad M_0 - M$$

where k and k_{-} are the kinetic rate constants for the forward and reverse coupling reactions, M_0 is the initial and total concentration of the polymerizable group, and M as the remaining concentration of the polymerizable group at reaction time, t. Thus, starting with stoichiometric ratio of X and Y, based on the rate equation law:

$$-\frac{dM}{dt} = kM^2 - k_{-}(M_0 - M)$$
(46)

Let the reaction conversion *p* be defined as:

t

$$p = (M_0 - M)/M_0$$
 (47)

Solving the differential equation (46) gives:⁶¹

$$k_{t} = \frac{1}{\left(1 + 4KM_{0}\right)^{1/2}} \ln \frac{\left[1 + 2KM + \left(1 + 4KM_{0}\right)^{1/2}\right] \left[1 + 2KM_{0} - \left(1 + 4KM_{0}\right)^{1/2}\right]}{\left[1 + 2KM - \left(1 + 4KM_{0}\right)^{1/2}\right] \left[1 + 2KM_{0} + \left(1 + 4KM_{0}\right)^{1/2}\right]}$$
(48)

where $K = k_1/k_2$ is the equilibrium constant of the coupling reaction. Based on eqns. (47) and (48), one can further determine p, $\langle dp \rangle_n$, and $\langle dp \rangle_w$ as functions of time (Fig. 11).⁶²

$$X + Y \xrightarrow{k} X - Y + B$$

$$t = 0 \quad M_0 \qquad M_0 \qquad 0 \qquad 0$$

$$t \qquad M \qquad M \qquad M_0 - M \quad M_0 - M$$

Similarly, for an isodesmic polymerization system in which a byproduct is formed, solving the analogous kinetic differential equation gives the corresponding variants as a function of time:

$$-\frac{dM}{dt} = kM^2 - k_{-}(M_0 - M)^2$$
(49)
Org. Biomol. Chem., 2003, 1, 3471-3491

3483



Fig. 11 Plots of M/M_0 (I), reaction conversion p (II), $\langle dp \rangle_n$ (III), and $\langle dp \rangle_w$ (IV) as a function of reaction time t in an isodesmic polymerization without a small-molecule byproduct, under various initial concentrations and rate constants.

$$kt = \frac{K^{1/2}}{2M_0} \ln \frac{\left(K^{1/2} - 1\right)M + M_0}{\left(K^{1/2} + 1\right)M - M_0}$$
(50)

Plots of M (the total concentration of all molecules but the byproduct), reaction conversion p, and average degrees of polymerization, $\langle dp \rangle_n$ and $\langle dp \rangle_w$, vs. time t are shown in Fig. 12. In this case, although the rate at which the polymerization approaches equilibrium varies with the initial total monomer concentration as well as with rate constants k and k_- , the final equilibrium state is only determined by the equilibrium constant K (independent of M_0). If the byproduct is continuously removed out of the equilibrium (open system) so that its concentration remains low and constant during polymerization, the reaction will then behave like one without the byproduct formation, since the concentration of the byproduct can be incorporated into the rate constant k_- as a constant.

Another distinct feature of isodesmic polymerizations is that the initial rate of polymerization linearly increases with time and is linearly proportional to the total concentration M_0 and the forward rate constant k (regardless of whether or not a byproduct is formed). This is evident from Figs. 11 and 12, and can be proven by examining the rate equations. At the initial stage of the polymerization $(t \rightarrow 0)$, the reverse reaction is negligible due to the low concentration of X–Y (M $\approx M_0$ and $k_{-}(M_0 - M) \rightarrow 0$), eqns. (46) and (49) reduce into:

$$-\frac{\mathrm{d}M}{\mathrm{d}t} = k\mathrm{M}^2 \quad (t \to 0)$$

Thus,

$$\frac{1}{M} - \frac{1}{M_0} = kt$$

$$p = Mkt \approx M_0 kt$$

$$\langle dp \rangle_n = \frac{M_0}{M} = M_0 kt + 1$$

$$\langle dp \rangle_w = \frac{1+p}{1-p} = 2M_0 kt + 1$$

As to be demonstrated later, the linear relationships presented in these equations distinguish the isodesmic polymerizations from the nucleation–elongation polymerizations.

6.2 Nucleated chain growth (cooperative polymerization)

Equal reactivity of the polymerizable groups allows the kinetics of the isodesmic polymerization to be analyzed with a simple statistical method. However, when the reactivity of the polymerizable group becomes dependent on the size of the molecule, multiple equations and rate constants are needed to represent the different reaction rates of chains of various lengths, and thus the analysis becomes considerably more complicated.

Specifically, for a polymerization that has a nucleation event, the end group of molecules of sizes smaller than the nucleus is less reactive than those *i*-mers larger than the nucleus. Qualitatively, as the polymerization proceeds, the average size of molecules within the system gradually increases; thus, the average reactivity will change over time, and the polymerization should exhibit a kinetic profile distinct from an isodesmic polymerization.



Fig. 12 Plots of M/M_0 (I), reaction conversion p (II), $\langle dp \rangle_n$ (III), and $\langle dp \rangle_w$ (IV) as a function of reaction time t in an isodesmic polymerization in which a small-molecule byproduct is produced, under various initial concentrations and rate constants.

For a system with size-dependent reactivity, the rate equations of *i*-mers should be individually expressed with associated rate constants [*cf*. eqns. (1)]:

$$\frac{d[A_i]}{dt} = k_i [A][A_{i-1}] - k_{-i} [A_i] + k_{-(i+1)} [A_{i+1}] - k_{i+1} [A][A_i]$$
(51)
(i \ge 2)

where the rate constants $k_{\pm i}$ and $k_{\pm (i + 1)}$ may, or may not, be equal to each other. The terms in eqn. (51) account for the emergence of *i*-mer via monomer addition to the (i - 1)-mer and depolymerization of (i + 1)-mer, and the loss of *i*-mer through depolymerization and polymerization into molecules one repeating unit shorter and longer, respectively (the validity of the choice of these specific pathways to represent the kinetic mechanism will be discussed later).

As rigorous algebraic solutions to the entire set of interrelated differential equations appear to be impractical, approximations and/or simplifications are usually made when deriving kinetic models. If the rate constants of chain elongation are assumed independent of the degree of polymerization *i*, when *i* is larger than the nucleus size n (*i.e.*, $k_{n+1} = k_{n+2} = k_{n+3} \dots = k_i$ $\dots = k$ and $k_{-(n+1)} = k_{-(n+2)} = k_{-(n+3)} \dots = k_{-i} \dots = k_{-i}$ and i > n), the rate equations of polymers larger than nuclei can be generalized as:

$$\frac{d[A_i]}{dt} = k[A][A_{i-1}] - k_{-}[A_i] + k_{-}[A_{i+1}] - k[A][A_i] \quad (i > n) \quad (52)$$

In the kinetic model initially developed by Oosawa and Kasai, the nucleation is assumed to be a pre-equilibrium association of n monomer units, followed by a slow, rate limiting transformation of the resultant n-mer into the nucleus.^{3,54} Accordingly, the following equation was employed to describe the rate of nuclei formation:

$$\frac{d[A_n]}{dt} = k^* [A]^n - k_-^* [A_n] + k_- [A_{n+1}] - k [A] [A_n]$$
(53)

where k^* and k_-^* represent the rate constants for the formation and dissociation of nuclei. The sum of eqns. (53) and (52) for all i > n gives:

$$\frac{\mathrm{d}c_{\mathrm{p}}^{*}}{\mathrm{d}t} = \frac{\mathrm{d}\left(\sum_{i=n}^{\infty} \left[A_{i}\right]\right)}{\mathrm{d}t} = k^{*}\left[A\right]^{n} - k_{-}^{*}\left[A_{n}\right]$$

$$= \frac{\mathrm{d}\left(\sum_{i=n}^{\infty} i\left[A_{i}\right]\right)}{\mathrm{d}t}$$
(54)
$$(54)$$

$$= -\frac{d[A]}{dt} = \left(k[A] - k_{-}\right)c_{p}^{*} + n\frac{dc_{p}^{*}}{dt} + k_{-}[A_{n}]$$

where c_p^* is the total concentration of all polymers equal to or larger than nucleus size, *n*, and c_t^* is the concentration of monomers incorporated into these polymers. In eqn. (55), c_t^* is assumed equal to $(c_t - [A])$, implying the concentrations of any species smaller than the nucleus are negligible (except for monomer). Chain fragmentation (polymers breaking into two

 dc_t^*

d*t*

fragments) and reannealling (association of polymers) are not taken into consideration at this point.

Furthermore, with the assumption that dissociations of polymers and nuclei are negligible (*i.e.*, k_{-} and k_{-}^{*} equal zero), eqn. (55) was combined with eqn. (54) and further reduced into:

$$-\frac{\mathrm{d}[\mathrm{A}]}{\mathrm{d}t} = kk^* [\mathrm{A}] \int [\mathrm{A}]^n \,\mathrm{d}t \tag{56}$$

Integration of eqn. (56) gives:

$$\ln \frac{1 + \left(1 - \left([A]/c_{t}\right)^{n}\right)^{1/2}}{1 - \left(1 - \left([A]/c_{t}\right)^{n}\right)^{1/2}} = 2n^{1/2} \left(kk^{*}\right)^{1/2} c_{t}^{n/2} t$$
(57)

where again, c_t is the initial concentration of monomers.^{3,54} Since c_t^* is equal to $(c_t - [A])$, the total concentration of monomer units incorporated in the polymers as a function of time can be obtained (Fig. 13). In these plots, a noticeable period of induction can be seen, consistent with experimental observations on protein polymerizations.^{27,51,57,58,63}



Fig. 13 Qualitative plot of $c_t^* vs$. reaction time *t* based on the Oosawa–Kasai model.³ The concentration was of arbitrary unit.

Based on eqns. (56) and (57), the initial polymerization rate is approximately proportional to the (n + 1)-power of the total monomer concentration c_t , and the time to reach the half-way point of the polymerization, $t_{1/2}$ (defined as the time needed for half of the total monomers to be transformed into polymers, $c_t^* = c_t/2$), should be inversely proportional to $c_t^{n/2}$. Therefore, the nucleus size can be obtained by measuring the full time kinetic profile of a polymerization, provided the model's assumptions are valid.

Independently, Wegner and Engel simplified the kinetic differential equations using steady-state approximations: ^{58,63}

$$\frac{d[A]}{dt} = -(k[A] - k_{-})c_{p}^{*}$$
$$\frac{dc_{p}^{*}}{dt} = K^{*}[A]^{n}(k[A] - k_{-})$$

where

$$K^* = \prod_{i=2}^{n} (k_i / k_{-i}) \quad (k_{-2}, ..., k_{-n} >> k[A])$$

Kinetic simulations were achieved by numerical integration of the above two differential equations. Although nucleation was again assumed as a fast pre-equilibrium process, no assumption about irreversibility of the polymerization was made in this model. Refinements to these models included processes such as fragmentation and reannealling.

Later, Frieden and Goddette used a series of descriptive mechanistic equations [eqns. (58)] to simulate the polymerization kinetics through computer-programmed numerical integrations.^{64,65}

$$A + A \xrightarrow{k_{1}} A_{2}$$

$$A_{2} + A \xrightarrow{k_{2}} A_{3}$$

$$A_{3} + A \xrightarrow{k_{3}} A_{4}$$

$$A_{4} + A \xrightarrow{k_{4}} A_{5}$$

$$A_{5} + A \xrightarrow{k_{5}} A_{6}$$

$$A_{6} + A \xrightarrow{k_{6}} A_{p}$$

$$A_{p} + A \xrightarrow{k_{p}} A_{p}$$
(58)

One of the distinguishing features of this model is that the mechanistic scheme is composed of a set of circular reaction equations; that is, the association of a monomer with A_n generates the same molecule A_p . The quantity A_p represents all polymers larger than a particular value [e.g., larger than 6 units for eqn. (58)]. Thereby, the total number of differential equations was limited to allow the computation to be accomplished within a practical period of time. In order to prevent the concentration of A₆ from fluctuating with the accumulation of A_{p} , k_{-6} was always set to zero, which was proven not to substantially alter the time course simulations of the polymerization. Expressions that represented successive monomer association with species up to the hexamer were shown to be sufficient to simulate actin polymerization. Further increasing the number of equations to incorporate distinct rate constants for larger molecules did not significantly change the results. The percentage of monomers incorporated into polymers was designated by

$$(c_{t} - [A] - 2[A_{2}] - 3[A_{3}] - 4[A_{4}] - 5[A_{5}])/c_{t}$$

where c_t is the total monomer concentration. This percentage value was used to represent the extent of polymerization. The availability of software packages such as KINSIM⁶⁵ makes it practical for various mechanistic schemes to be evaluated without experience in solving complete differential equations.

The value of this model is that it can be very informative regarding the evaluation of kinetic constants for the initial oligomerization steps of the polymerization. Important insight into the nucleation steps and the steps immediately following has been gained. These steps turn out to be especially influential over the time course of polymerization.⁶⁴ However, as a consequence of the uniform expression for all the long, polymeric species, the size distribution information was necessarily lost. Moreover, the mechanistic scheme can be easily modified to accommodate additional steps and different processes. For example, the following equation could be incorporated to describe a conformational change undertaken by the monomer prior to participation in the polymerization:

$$B \equiv A$$

Alternatively, a step reflecting the monomer bound to a ligand, followed by a conformational change is represented as:

$$B + L \Longrightarrow BL \Longrightarrow A$$

The Frieden–Goddette mechanistic scheme may be modified to accommodate byproduct generation in polymerizations, by simply adding an extra term to each equation within the model:

$$A + A \xrightarrow{k_1} A_2 + B$$

$$A_2 + A \xrightarrow{k_2} A_3 + B$$

$$A_3 + A \xrightarrow{k_3} A_4 + B$$

$$A_4 + A \xrightarrow{k_4} A_5 + B$$

$$A_5 + A \xrightarrow{k_5} A_6 + B$$

$$A_6 + A \xrightarrow{k_6} A_p + B$$

$$A_p + A \xrightarrow{k_p} A_p + B$$

Representative results are shown in Fig. 14. The kinetic constants employed in the plot of Fig. 14 are for illustrative purposes only. Nonetheless, the explicit values of these rate constants should not alter the overall trend of the time course of polymerization, since different numbers can all be reduced to the same value by varying the time scale. It is the relative ratio of these kinetic constants that determine the final equilibrium state and the overall shape of the kinetic profiles.



Fig. 14 Simulated time courses of a nucleation–elongation polymerization generating a small-molecule byproduct at two different concentrations (a, $c_t = 0.1$; b, $c_t = 0.05$). For both curves, k_1 – k_6 and $k_p = 1.0$, k_{-1} and $k_{-2} = 0.25$, k_{-3} – k_{-5} and k_{-p} =10⁻⁴, and $k_{-6} = 0$. Concentrations and rates constants are of arbitrary units.

It is worth noting that kinetic simulations from these models invariably reveal a period of induction at the initial stage of the nucleation-elongation polymerizations. Specifically, the velocity of polymerization is slow in the beginning, but it then accelerates before slowing down again due to monomer consumption. This induction period may well be explained by the nucleation-elongation mechanism of the polymerization. At the initial phase of the polymerization, the dominant species within the system are monomers and oligomers below the nucleus size. Once a small amount of oligomers larger than nuclei have formed, rapid growth to high polymer consumes the monomers, which accounts for the acceleration period of the polymerization. As discussed earlier, this is in contrast to isodesmic polymerization systems, wherein the polymerization rate remains nearly constant at the initial stage of the polymerization before it tapers off. A noticeable induction period thus provides experimental evidence of a cooperative mechanism.

Finally, one should consider whether these specific sets of reaction equations [eqns. (58) and (59)] can be justified to simulate the polymerization kinetics. Do these selected equations represent the most favorable (probable) pathways that lead to the final products? Alternatively, do the reversible associations/dissociations of oligomers actually contribute to the polymerization course? Based on the concentrations at the end of the simulated time course, the monomer was indeed the dominant species in the case of polymerizations that do not generate a byproduct. Successive monomer addition to the oligomers and high polymers thus seems to be a reasonable choice as the major kinetic pathway. However, in the case of polymerization with byproduct formation, this may or may not be justifiable depending on the equilibrium constants provided to the simulation. Therefore, in the examples shown in Fig. 14, the simulation was limited to the low reaction conversion stage when monomer concentration was still significant to ensure the mechanism shown in eqns. (59) remains valid.

6.3 Seeded polymerization

It is commonly known that the addition of small crystals or liquid drops into supersaturated solution or gas accelerates the rate of crystallization or gas-liquid condensation, respectively. Similarly, "seeding" effects have also been observed in actin and flagellin polymerizations. When a small amount of F-actin fragments was added to a G-actin solution, in which the salt concentration was too low to induce spontaneous polymerization, these fragments were observed to grow instantaneously.66 This acceleration effect of adding pre-existent nuclei was even more evident in the polymerization of flagellin.11 At neutral pH and low salt concentrations, flagellin monomers did not polymerize until a small amount of flagella fragments were added. Furthermore, it was proven that the filament length increases in direct proportion to the amount of monomers present, suggesting that the total number of flagella upon completion of polymerization was equal to the number of flagella fragments initially added. Consequently, the polymerization only took place by appending flagellin monomers to the pre-existing nuclei. These observations can reasonably be explained by the nucleation-elongation mechanism of the polymerization.

Seeded polymerizations are most effective under conditions in which the rate of nucleus formation is exceptionally slow but elongation is extremely favored and fast (e.g., $k^* \rightarrow 0$ and $k >> k_-$). If pre-formed polymers capable of fast elongation are added to a monomer solution under such conditions, the association of monomers to these "seed" molecules will dominate the polymerization and the consumption of the monomers. Therefore, eqn. (55) reduces to:

$$\frac{\mathrm{d}c_{\mathrm{t}}^{*}}{\mathrm{d}t} = -\frac{\mathrm{d}[\mathrm{A}]}{\mathrm{d}t} = \left(k[\mathrm{A}] - k_{\mathrm{p}}\right)c_{\mathrm{p}}^{*}$$

where c_p^* is a constant value determined by the concentration of "seeds" (nuclei) added. Integration of the above equation gives:

$$[\mathbf{A}] - [\mathbf{A}]_{\infty} = \left([\mathbf{A}]_{0} - [\mathbf{A}]_{\infty} \right) \exp\left(-kc_{p}^{*}t \right)$$
(60)

where

 $[\mathbf{A}]_{\infty} = k_{-}/k$

corresponds to the monomer concentration coexisting with polymers at polymerization equilibrium, and $[A]_0$ is the initial monomer concentration. Thus, the reaction behaves like a "living" polymerization.²

It should be noted that the addition of preformed nuclei that are indistinguishable from spontaneously formed ones has no influence over the final equilibrium state but only alters the time course of the polymerization. This notion was supported by the experimental evidence in that the concentration of the monomer coexisting with polymers was independent of the amount of added "seeds".^{52,67}

As discussed earlier, the equilibrium size distribution of a nucleation-elongation polymerization should be a broad, exponential one. However, under the conditions that spontaneous nucleation is inhibited (or extremely slow), the polymerization is dominated by the addition of monomer to the nuclei added into the system. Since it is reasonable to assume that the all the nuclei have equal capability to associate with monomers and grow, the growth rate of all nuclei are nearly equal and thus the size distribution of a "seeded" polymerization is expected to be narrow. A rational explanation to this discrepancy has to be that the equilibrium size distribution is established via two steps: (1) the monomer concentration tends to the equilibrium value quickly by reacting with the nuclei while the size distribution remains narrow; (2) as the polymerization proceeds, the concentration of monomer decreases, and thus depolymerization is no longer negligible; gradually, the size distribution broadens and tends to the final exponential state. This supposition was proven by Oosawa et al. by analyzing the kinetics of size distribution during a nucleationelongation polymerization.3,55

7 Perspectives

The characteristics of the nucleation-elongation polymerization mechanism have been discussed. This polymerization mechanism is based on the reversible joining of monomer units by either covalent or non-covalent linkages; however, we argue that whatever the nature of the "primary backbone", noncovalent interactions must be present to provide the dominant driving force for polymer formation. Nucleation-elongation polymerization is a cooperative process. The roots of this cooperative behavior are in the supramolecular structure of the final polymeric product. Specifically, if the polymeric product is strictly a one dimensional chain, cooperative behavior is probably impossible. In such a case, there can be no nucleation event that triggers subsequent polymer growth. In contrast, if the final polymeric product has a structure in which the repeat units are stabilized by interactions with multiple neighboring monomers, cooperative behavior is expected. From a thermodynamic standpoint, cooperative behavior manifests itself as an all-or-none transition between monomer and polymer. We have shown here that this transition may or may not involve a critical monomer concentration. When a critical concentration is involved (i.e., polymerizations producing no byproduct), polymerization ensues only when monomer concentration is greater than this critical value; otherwise, no polymerization occurs. For polymerizations having no critical monomer concentration (*i.e.*, byproduct-generating polymerization), the transition between monomer and polymer is only a function of the equilibrium constants that govern the formation of the nucleus. Concerning the time course of polymerization, cooperative behavior manifests itself by an induction period, with rates of polymer formation that depend on the details of the pathway leading to the nucleus. Seeded growth can overcome this induction period.

The mechanism of nucleation–elongation is widely employed in biology as a means to assemble in dynamic fashion the beams and girders that support the cell's shape, motility, and organization of subcellular components. In great contrast, the mechanism has rarely been seen in synthetic polymer chemistry. Most of the known synthetic polymers that exhibit features of nucleation–elongation growth are tied to crystallization phenomena. We recently disclosed a soluble helical polymer in which an intrachain supramolecular structure drives a metathesis polymerization reaction.^{42,43} Many aspects of this polymerization remain to be investigated, but if further studies uphold the postulated nucleation–elongation behavior of this polymerization, it will be—to the best of our knowledge—the first soluble synthetic polymer produced by such a mechanism.

The void in synthetic examples of nucleation-elongation polymerization probably exists for several reasons. For one thing, the polymeric products must involve a fairly sophisticated internal supramolecular structure. Progress in achieving synthetic polymers with the necessary compact "folded" structure has been made only recently.¹⁷⁻²⁶ Another reason for this void may simply be the lack of a perceived need. What does one do with a dynamic polymer that exhibits all-or-none polymerization behavior? What special properties might such a system have that are not achievable with current technology? The best answers to these questions may only come after examples of such behavior are widely known and readily available. Nonetheless, the ability to reversibly assemble and disassemble polymeric molecules according to environmental conditions would seem to offer special behavior and properties not common to today's synthetic macromolecules. For example, by analogy to cellular biology, it is possible to imagine that such dynamic polymeric systems could play important roles in the creation of nanoscale machines. Other applications that come to mind are self-healing materials 68 in which a fluid monomer, in the absence of a nucleus, is capable of existing as a metastable solution. This fluid state would be useful for transporting monomer to the site of damage. If damage exposes a seed that nucleates the start of the polymerization reaction, a means to automatically repair the material's damage is conceived. Another application of such a reaction is stimuli-responsive fluids. Here a change in environmental conditions (e.g., a change in temperature) could bring about a reversible transition in a monomer to polymer equilibrium that manifests itself as an abrupt change in the fluid's viscoelastic properties (e.g., smart fluids).

Finally, we suggest that nucleation–elongation polymerizations may provide a natural route to prepare synthetic mimics of protein-like globular, soluble macromolecules. The preparation of non-biological macromolecules that are folded with tertiary structure remains an impossible task for the synthetic polymer chemist. The problem is challenging for many reasons, but mostly because complex polymeric sequences are involved. Homopolymers are simply incapable of adopting uniquely folded structures.⁶⁹ Both the rational design and synthesis of high molecular weight heterosequences having well-defined tertiary structure is not possible today. How might we achieve such structures with a cooperative nucleation–elongation polymerization process?

The folding of proteins into globular structures is believed to be driven predominantly by the solvophobic interaction.⁷⁰ This is supported by the fact that most globular proteins have a hydrophobic "core" and a largely hydrophilic "shell".⁷¹ The former stabilizes the overall compact shape while the latter maintains solubility. Such a balance between globularity and solubility requires very precise compositional heterogeneity distribution of the constituent amino acids.^{72–74} Both theoretical and experimental studies have suggested that only a fraction of all possible sequences give rise to such globular, soluble structures.^{75–80}

Fig. 15 illustrates a hypothetical approach to selectively synthesize soluble, globular macromolecules based on a reversible polymerization. A pair of amphiphilic comonomers (black and white spheres representing solvophilic and solvophobic units, respectively) is to be joined into polymers through reversible covalent bonds; thus, all sequences generated within the systems are inter-convertible with one another. The formation of the covalent bonds between the monomers is intentionally chosen to cause minimal free energy change; consequently, the relative population of each sequence will predominantly be determined by its kinetic and/or thermodynamic stability,



Fig. 15 Schematic model of a reversible polymerization of an amphiphilic pair of monomers (white sphere—solvophobic, black sphere—solvophilic). The free energy gained from the association of the solvophobic units will shift the polymerization equilibrium to selectively produce the sequences that favor globular conformation for a given set of conditions.

which in turn is related to the details of internal supramolecular structure. By carefully choosing equilibration conditions to favor solvophobic interactions, the overall equilibrium may be shifted to selectively generate the compactly folded structures. This approach bypasses the design and separation of specific sequences, focusing on the desired globular molecules to be spontaneously produced.

Sequences of predominantly solvophilic residues [*via* pathway (a)] will be soluble and not collapsed due to the relatively few solvophobic associations. Such chains are unlikely to be favored since insufficient stabilizing energy would be gained from solvophobic interactions; their population will remain small. At the other extreme, molecules with solvophobic-rich sequences will tend to aggregate and become insoluble, precipitating from solution [pathway (b)]. One may anticipate this pathway to dominate the polymerization, as solvophobic monomers will prefer to associate and hence favorably react with one another. Deep traps such as pathway (b) in which precipitation drains away all the solvophobic units must be avoided if this approach is to produce globular, soluble macromolecules. We suggest that such aggregation and precipitation may be circumvented by designing suitable "starter sequences" in which a given number of monomer units are irreversibly linked together. By excluding segments entirely composed of solvophobic residues from the starter sequence library, the maximum consecutive solvophobic repeat units within the polymer chain will be limited to a certain number. This approach will enable the monomer composition (solvophobic vs. solvophilic) of all chains to fall within a specified window, set by the range of compositions in the starter sequence library. Even for polymer chains possessing a suitable overall composition of solvophobic and solvophilic residues, a large fraction of the possible sequences will still not be optimally stabilized (i.e., fold poorly) due to the unfavorable distribution of the solvophobic/solvophilic units [pathway (c)]. Consequently, this set of sequences is not likely to be formed to any significant degree. Only a subset of all sequences will have the optimal distribution of monomers able to adopt a compact conformation having a minimum free energy [pathway (d)].

Since the stability of a given sequence is determined by the number of non-adjacent, intramolecular solvophobic interactions, the proposed polymerization should naturally be a cooperative process. As the occurrence of non-adjacent interactions requires a minimum chain length, which is related to the intrinsic flexibility of the chain, favorable interactions within subcritical chains must be minimal, or non-existent. A nucleation event should thus emerge. As the chain grows longer, non-adjacent interactions become possible and progressively stabilize those sequences allowing maximum solvophobic interactions. Correspondingly, rate acceleration in polymerization should ensue.

It is therefore reasonable to envision that a reversible, nucleation–elongation polymerization as described above would spontaneously produce a smaller subset of the entire sequence library in a cooperative fashion. The result should be structures that are kinetically or thermodynamically most favored, some of which may be uniquely folded into soluble, globular structures under suitable conditions.

Nucleation–elongation polymerization is a relatively unexplored avenue of synthetic polymer chemistry. This mechanism of macromolecular chain growth offers some unique and interesting thermodynamic and kinetic attributes not found in the more classical mechanisms of polymer chemistry. The practical benefits of this type of polymerization await further discoveries and more readily available examples. With greater sophistication and deeper insights in the field of supramolecular polymerizations, the exploitation of cooperative chain growth as dynamic and responsive materials is likely to emerge.

8 Appendix

Definition of terms/variables:

А	Polymerization monomer
[A]	Concentration of species A
\mathbf{A}_i	Polymer of A at a degree of polymerization of <i>i</i>
c_{t}	Total concentration of monomer/repeating unit
C _p	Total concentration of polymer molecules
$\langle dp \rangle_n$	Number-average degree of polymerization
$\langle dp \rangle_{w}$	Weight-average degree of polymerization
i	Degree of polymerization
Κ	Equilibrium constant
k	Rate constant of an association reaction
k_{-}	Rate constant of a dissociation reaction
PDI	Polydispersity index
σ	Nucleation factor
t	Reaction time
X_i	Mole fraction of <i>i</i> -mer
W_i	Weight fraction of <i>i</i> -mer

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